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## **Using Another Being's Astral, Spirit – Side**

*By Maurice Barbanell 2012*

With mediums, and especially with our medium before he goes into trance, he has to get his mind switched off so that we can take over in the deep trance state. It is something that is very difficult for people to understand, how do you empty your mind and then concentrate on something? It's almost an oxymoron isn't it? We tell you to empty your mind and then we say in the next breath it's very difficult for you to empty your mind, in fact it's almost bloody impossible, but what you need to do is concentrate on a specific item or object and if you're concentrating on that object you're not emptying your mind are you and then we tell you that you have to put yourself into a state where you are going to sleep. Have you ever looked at your mind when you're going to sleep? Normally there is so much activity in your brain until suddenly it switches off but you don't know when that trigger is do you, but it's what happens is it not? You're laying there and all the issues of the day, all the problems which happened to be concerning you at the time, are all rushing around and then suddenly it goes blank, it goes dead

You have been advised something that I thought that you were aware of but obviously by a comment that a member of our group made it wasn't a situation which had occurred to her and that was that Red Cloud is actually not Red Cloud. The astral being, or the being who was Red Cloud on the Earth Plane, has moved on and the astral body which he utilised has been utilised by another individual. So the same way as my friend Silver Birch uses the persona of Silver Birch there is another being who uses the persona of Red Cloud. Yet when he comes to the Earth Plane he has to have the full faculties of the individual who utilised the body of Red Cloud, and I mean the body of Red Cloud rather than the astral because the body of Red Cloud is known in history and therefore there are recorded facts and so any meeting or any discussion has to be accurate from that individual's occupation of the Earth Plane.

*Is that more difficult?*

Well it is. It would be when you consider it because it's not really your history and yet you have to behave as if it is yours. You've got to be a bloody good actor haven't you?

*You have to have a good memory.*

No you don't actually have to because when you occupied the astral one of the things that is left behind deliberately is the subconscious memory of that being and therefore when you occupy the astral you have full access to the memory bank shall we say of the last visitation. You don't have the memory bank of the previous occupations, the previous being because it is unnecessary and unimportant but it is important that they have the recall of that previous occupation.

*You mean the one he would be questioned on.*

Exactly, because it's the one they know. It's the one thing that some of us have a problem with because when you move far beyond the astral world (*the Summerland*) and one of the advantages of moving on is that your full existence since you were brought back in to the fold is returned to your being, returned to your essence and therefore if you have been to the Earth Plane 10, 20, 30 times, all of those memories are part of your being and therefore your last occupation isn't as important as the entirety of your life. Why should you place so much credence on that one little occupation but when you come back to the Earth Plane it's what people judge you on.

*Of course. That's the authenticity of it.*

Exactly, some people who come to public meetings do not come to get spiritual knowledge. They're not there to accept. They are there to trip you up, criticise and disapprove which is a very strange but very popular negative trait of the human being is it not? While we attend meetings such as we have here we get into a lull shall we say, because we know that there is no need to have those thoughts continually in our mind. We will give proof of our existence, of our being, when we feel that the opportunity is correct and we have all done this have we not?

Yes.

And therefore once this has been given we have no need to revisit it, we have no need to continually prove we are who we are and that's a problem that we have in the spiritual churches. They are continually looking for proof after proof after proof and you wonder why they need it, but they do.

*Maybe it's because they don't totally believe it so they need it to be reconfirmed continuously.*

I do not understand why though because life is a continuation and once you have accepted that it's a continuation surely there's far more to learn, far more to understand than merely that uncle Harry, uncle John, cousin Fred, are doing well in the astral sphere.

A lot of the time the reason is because of a disconnection and loneliness. They want to keep being reassured that somebody's there. It's like being in a partnership and the one partner says "of course he or she knows I love them, why do I need to tell them".

*The other person might need that reassurance.*

Exactly, they might need that reassurance and that is the same in the churches. Some people, I'm using that as a generalisation, there are only some people who need that reassurance. It's a comforting reassurance and the comforting reassurance is because of their lack of knowledge, their lack of understanding, that the astral sphere is a reality.

It's a big problem if you go to the churches and you then tell them that the astral sphere in fact is not real at all, it's as unreal as the Earth Plane.

That information would be far too much for most people to accept or understand. They are looking at the astral sphere as the epitome of heaven shall we say. We are going to this place which is so wonderful, which in comparison with the Earth Plane it is, but if you compare the Summerland with the planes above, it's a dark horrible miserable place. You think that the Summerland in comparison with the Earth Plane is this bright illuminating place and yet it isn't. It is merely another stepping stone to the true beauty which lays ahead, but that concept is far too great for people to understand.

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